

# Don't give up the fight against pain, weight, disease or aging.



## Hälsa Repair and Restore succeeds where other programs fail.

Rather than treating your symptoms, we identify and address the root causes of underlying issues affecting your health. It's an all natural, three-part program:



- Education
- Mindful Guidance
- Life Coaching

- Neuro Muscular Training
- Natural Body Function
- Age Regression

- Detoxification
- Nutritional Therapy
- Cellular Repair

Learn more about this proven – and FUN! - approach to regaining your health and youth.



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Or visit: [www.ubbes.com](http://www.ubbes.com)



**HEALTH**  
REPAIR & RESTORE  
PROGRAM

Swedish fitness and weight management clinic

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